**2025 – 2026**

A logo with a state outline

Description automatically generated**Tuscaloosa County Community Resource Guide**

**Hays Webb**

**Tuscaloosa County District Attorney**

**Sixth Judicial Circuit of Alabama**

**714 Greensboro Avenue, Suite 410, Tuscaloosa, Alabama 35401-1894**

**205-349-1252**

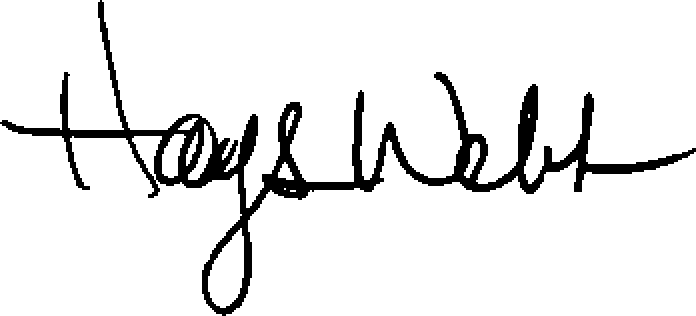
Dear Community Leaders,

We believe that strong and positive relationships are vital to our community’s success. This Guide’s creation in 2019 provides a good example; our office relied upon assistance from the University of Alabama’s Social Work to find every church in Tuscaloosa County, and our social work interns made every effort to contact the 300+ faith leaders from those houses of worship. The Church of the Highlands has paid for every copy printed over these years, and multiple businesses and the Tuscaloosa River Market provided support for our Faith Based Community Resource Summit for which the Guide was originally produced.

Adding to the efforts is the recent help provided by the West Alabama Chamber of Commerce whose staff assisted with this version and edited the contact information. As an office, we strive to benefit our community in traditional and non-traditional ways, and strong relationships help all of us to help others.

We hope that this Guide helps build new relationships between those who need services and those who provide them, and we appreciate the assistance with this collaborative effort. We share the desire that it helps to decrease the burdens of those with the greatest needs so that they may more fully experience life’s joys.

With Gratitude,



**Table of Contents**

|  |  |
| --- | --- |
| Law Enforcement | 5 |
| Crisis Hotlines | 6 |
| Aging and Caregiving | 7 |
| Children and Family Support | 11 |
| Disability Services | 13 |
| Domestic Violence and Sexual Assault | 16 |
| Employment | 19 |
| Health Care | 21 |
| Household Resources and Food Assistance | 26 |
| Housing and Shelter | 30 |
| Legal Services | 32 |
| Mental Health | 33 |
| Substance Abuse | 37 |
| Support Groups | 39 |
| Transportation | 42 |
| Other | 43 |

**Law Enforcement**

**Please dial 911 for immediate emergency assistance.**

|  |  |
| --- | --- |
| Brookwood Police Department | 205-556-0103 |
| Coaling Police Department | 205-507-1230 |
| Lake View Police Department | 205-477-1289 |
| Moundville Police Department | 205-371-2218 |
| Northport Police Department | 205-339-6600 |
| Shelton State Fredd Campus Security | 205-391-2646 |
| Shelton State Martin Campus Security | 205-391-2377 |
| Stillman College Police Department | 205-366-8927 |
| Tuscaloosa County Sheriff’s Office | 205-752-0616 |
| Tuscaloosa Police Department | 205-349-2121 |
| University of Alabama Police Department | 205-348-5454 |
| Vance Police Department | 205-553-8278 |
| Veterans Administration Police | 205-554-2086 |
| Woodstock Police Department | 205-938-9790 |

**Crisis Hotlines**

**Please dial 911 for immediate emergency assistance**

|  |  |  |
| --- | --- | --- |
| **Domestic Violence** | | |
| Domestic Violence Hotline for the Alabama Area | 800-650-6522 | |
| National Domestic Violence Hotline | 800-799-7233 | |
|  |  | |
| **Sexual Assault** | | |
| SAFE Center Crisis Line | | 205-860-7233 (SAFE) |
| Turning Point Crisis Line | | 205-758-0808 |
|  | |  |
| **Suicide** | | |
| Indian Rivers Mental Health Center Crisis Line | | 205-391-3131 |
| National Suicide Prevention Hotline | | 988 |
| The Trevor Lifeline (LGBTQ+) | | 866-488-7386 |

**Aging and Caregiving**

**Area Agency on Aging of West Alabama: Alabama CARES**

* Phone Number: 205-333-2990
* Address:4200 Highway 69 North, Northport, AL 35473

**Area Agency on Aging of West Alabama: Alzheimer’s Family Support Group**

* Phone Number: 205-759-1211
* Address: Easterseals West Alabama | 1400 James I Harrison Jr. Parkway East, Tuscaloosa, AL 35404

**Area Agency on Aging of West Alabama: Amazing Caregiver Support Group**

* Phone Number: 205-758-2108
* Address: Bethel Baptist Church | 3003 25th Street, Tuscaloosa, AL 35401

**The Landings of Northport**

* Phone Number: 205-330-1700
* Address: 951 Rose Drive, Northport, AL 35476

**Caring Days Adult Day Care**

* Phone Number: 205-752-6840
* Address: 943 31st Street East, Tuscaloosa, AL 35405

**Aging and Caregiving**

**Community Service Programs of West Alabama, Inc.: Elderly Assistance Program**

* Phone Number: 205-752-5429
* Address: 601 Black Bears Way, Tuscaloosa, AL 35401

**Daffodil House Assisted Living**

* Phone Number: 205-342-0573
* Address: 12650 Old Marion Road, Tuscaloosa AL, 35405

**Easterseals West Alabama**

* Phone Number: 205-759-1211
* Address: 1400 James I Harrison Parkway Jr. East, Tuscaloosa AL 35405

**Focus 50+**

* Phone Number: 205-554-1919
* Address: 3801 Loop Road, Tuscaloosa, AL 35405

**Glen Haven Health and Rehabilitation**

* Phone Number: 205-339-5700
* Address: 2201 32nd Street, Northport, AL 35476

**Aging and Caregiving**

**Hamrick Highlands Assisted Living**

* Phone Number: 205-469-1828
* Address: 755 5th Place East, Tuscaloosa, AL 35405

**Hospice of West Alabama**

* Phone Number: 205-523-0101
* Address: 3851 Loop Road, Tuscaloosa, AL 35404

**Mary Starke Harper Geriatric Psychiatry Center**

* Phone Number: 205-366-3010
* Address: 115 Harper Court, Tuscaloosa, AL 35401

**Morning Pointe of Tuscaloosa**

* Phone Number: 205-345-1112
* Address: 1801 Rice Mine Road, Tuscaloosa, AL 35406

**Pine Valley Retirement Community**

* Phone Number: 205-349-8700
* Address: 800 Rice Valley Road North, Tuscaloosa, AL 35406

**Regency Retirement Village**

* Phone Number: 205-752-5500
* Address: 5001 Old Montgomery Highway, Tuscaloosa, AL 35405

**Aging and Caregiving**

**Seniors Prefer Homecare**

* Phone Number: 205-896-6574
* Address: 1470 Northbank Parkway, Suite 174, Tuscaloosa, AL 35406

**Tuscaloosa Parkinson’s Support Group**

* Phone Number: 205-246-9652
* Address: 627 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**West Alabama Regional Commission Area Agency on Aging**

* Phone Number: 205-333-2990
* Address: 4200 Highway 69 North, Northport, AL 35473

**Connect for Dementia at Christ Episcopal Church**

* Phone Number: 205-758-4252
* Address: 605 Lurleen B. Wallace Boulevard North, Tuscaloosa, AL 35401

**Children and Family Support**

**All Kids Insurance**

* Phone Number: 205-562-6900
* Address: 2350 Hargrove Road East, Tuscaloosa, AL 35405

**Big Brothers Big Sisters of West Alabama**

* Phone Number: 205-758-5734
* Address: 2721 6th Street, Tuscaloosa, AL 35401

**Boys and Girls Club**

* Phone Number: 205-553-3838
* Address: 2201 Alberta Parkway, Tuscaloosa, AL 35404

**Child Abuse Prevention Services of Tuscaloosa**

* Phone Number: 205-758-1159
* Address: 507 Energy Center Boulevard, Northport, AL 35473

**UA Child Development Resources**

* Phone Number: 205-348-2650
* Address: 651 Peter Bryce Boulevard, Tuscaloosa, AL 35401

**Community Service Programs of West Alabama, Inc.**

* Phone Number: 205-752-5429
* Address: 601 Black Bears Way, Tuscaloosa, AL 35401

**Children and Family Support**

**Easterseals West Alabama**

* Phone Number: 205-759-1211
* Address: 1400 James I Harrison Jr. Parkway East, Tuscaloosa, AL 35405

**Family Counseling Service**

* Phone Number: 205-752-7711
* Address: 2020 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**Tuscaloosa Children’s Center**

* Phone Number: 205-752-7711
* Address: 2901 7th Street, Tuscaloosa, AL 35401

**Tuscaloosa’s One Place**

* Phone Number: 205-462-1000
* Address: 810 27th Avenue, Tuscaloosa, AL 35401

**Urgent Care for Children**

* Phone Number: 205-614-5628
* Address: 4700 Rice Mine Road Northeast, Tuscaloosa, AL 35406

**Viewpoint Counseling Professionals**

* Phone Number: 205-632-5067
* Address: 1905 4th Street, Suite 4, Northport, AL 35476

**Disability Services**

**Ability Alliance of West Alabama**

* Phone Number: 205-333-1577
* Address: 1002 McFarland Boulevard, Suite K, Northport, AL 35476

**Alabama Disabilities Advocacy Program**

* Phone Number: 205-348-4928
* Address: 2008 12th Street, Tuscaloosa, AL 35401

**Alabama Institute for Deaf and Blind (AIDB)**

* Phone Number: 205-345-2883
* Address: 2412 Skyland Boulevard East, Tuscaloosa, AL 35404

**Brewer Porch Children’s Center**

* Phone Number: 205-348-7236
* Address: 2501 Woodland Road, Tuscaloosa, AL 35404

**Children’s Rehabilitation Services**

* Phone Number: 205-562-1802
* Address: 1400 James I Harrison Jr. Parkway East, Suite 100, Tuscaloosa, AL 35405

**Community Service Programs (CSP): Early Intervention**

* Phone Number: 205-752-5429
* Address: 601 Black Bears Way, Tuscaloosa, AL 35401

**Disability Services**

**UA Crossing Points**

* Phone Number: 205-348-3180
* Address: Hillard Building, 900 Anna Avenue, Tuscaloosa, AL 35401

**Eagles’ Wings**

* Phone Number: 205-333-7690
* Address: 12379 Eagles’ Wings Drive, Coker, AL 35452

**United Cerebral Palsy of West Alabama (UCPWA)**

* Phone Number: 205-345-3031
* Address: 1100 UCP Parkway, Northport, AL 35476

**Rise Center at UA**

* Phone Number: 205-348-7931
* Address: 600 Johnny Stallings Drive, Tuscaloosa, AL 35404

**Sunrise Community: Resources for Independence**

* Phone Number: 205-633-1998
* Address: 3500 Skyland Boulevard East, Tuscaloosa, AL 35405

**The Arc of Tuscaloosa County**

* Phone Number: 205-556-4900
* Address: 3200 Clements Road, Cottondale, AL 35453

**Disability Services**

**Therapeutic Riding of Tuscaloosa (T.R.O.T.)**

* Phone Number: 205-752-7691
* Address: 3200 Clements Road, Cottondale, AL 35453

**Domestic Violence and Sexual Assault**

**National Domestic Violence Hotline**

* Phone Number: 1-800-799-7233
* Address: TheHotline.org

**National Domestic Violence Hotline for Alabama Area**

* Phone Number: 800-650-5113
* Address: AlabamaLegalHelp.org

**Alabama Domestic Violence and Batterer Intervention**

* Phone Number: 949-715-2694
* Address: DVClass.com

**UA Domestic Violence Law Clinic**

* Phone Number: 205-348-4960
* Address: 101 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**F.I.R.M. Therapy**

* Phone Number: 205-938-4638
* Address: 2804 Lurleen B. Wallace Boulevard, Northport, AL 35476

**Family Counseling Service**

* Phone Number: 205-752-2504
* Address: 2020 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**Domestic Violence and Sexual Assault**

**New Perspectives Counseling**

* Phone Number: 205-860-5113
* Address: 2617 7th Street, Tuscaloosa, AL 35401

**Soaring Sisters: Sexual Trauma Recovery Group**

* Phone Number: 205-887-8423
* Address: 541 Black Bears Way, Tuscaloosa, AL 35401

**Turning Point**

* Phone Number: 205-758-0808
* Address: 3800 Palisades Drive, Tuscaloosa, AL 35405

**Turning Point: Domestic Violence Support Group**

* Phone Number: 205-758-0808
* Address: Trinity United Methodist Church | 729 Paul W. Bryant Drive, Tuscaloosa, AL 35402

**Turning Point: Sexual Assault Support Group**

* Phone Number: 205-758-0808
* Address: 3800 Palisades Drive, Tuscaloosa, AL 35405

**Tuscaloosa Center for Cognitive Therapy**

* Phone Number: 205-310-1678
* Address: 429 Skyland Boulevard, Suite B3, Tuscaloosa, AL 35405

**Domestic Violence and Sexual Assault**

**Tuscaloosa SAFE Center**

* Phone Number: 205-860-7233
* Address: 1601 University Boulevard East, Suite 150, Tuscaloosa, AL 35404

**Employment**

**Alabama Department of Rehabilitation Services**

* Phone Number: 205-554-1300
* Address: 1400 James I Harrison Parkway, Tuscaloosa, AL 35405

**UA Crimson Career Center**

* Phone Number: 205-348-5848
* Address: UA Student Center | 751 Campus Drive West, Tuscaloosa, AL 35404

**Easterseals West Alabama**

* Phone Number: 205-759-1211
* Address: 1400 James I Harrison Jr. Parkway East, Tuscaloosa, AL 35405

**Alabama Care Essentials (ACE)**

* Phone Number: 205-391-2948
* Address: Shelton State Martin Campus Room 1913 | 9500 Old Greensboro Road, Tuscaloosa, AL 35405

**Tuscaloosa Comprehensive Career Center**

* Phone Number: 2205-758-7591
* Address: 202 Skyland Drive, Tuscaloosa, AL 35405

**Employment**

**Tuscaloosa’s One Place**

* Phone Number: 205-462-1000
* Address: 810 27th Avenue, Tuscaloosa, AL 35401

**Health Care and Urgent Care**

**Alabama Community Care**

* Phone Number: 205-553-4661
* Address: 3901 Greensboro Avenue, Tuscaloosa, AL 35405

**American Family Care Midtown**

* Phone Number: 205-526-2053
* Address: 710 15th Street East, Tuscaloosa, AL 35401

**American Family Care Tuscaloosa**

* Phone Number: 205-722-9500
* Address: 9070 Highway 69, Tuscaloosa, AL 35405

**Crimson Care Skyland**

* Phone Number: 205-507-1119
* Address: 1771 Skyland Boulevard East, Tuscaloosa, AL 35405

**Crimson Care Veterans**

* Phone Number: 205-270-5146
* Address: 1718 Veterans Memorial Parkway, Tuscaloosa, AL 35404

**DCH Home Medical Equipment**

* Phone Number: 205-330-3177
* Address: 809 University Boulevard East, Main Level, Tuscaloosa, AL 35401

**Health Care and Urgent Care**

**DCH Medical Center**

* Phone Number:205-759-7111
* Address: 809 University Boulevard East, Tuscaloosa, AL 35401

**Emergi-care**

* Phone Number: 205-349-2273
* Address: 1601 University Boulevard, Tuscaloosa, AL 35404

**First Care**

* Phone Number: 205-270-5285
* Address: 1251 McFarland Boulevard Northeast, Tuscaloosa, AL 35406

**Five Horizons Health Services**

* Phone Number: 205-759-8470
* Address: 2703 7th Street, Tuscaloosa, AL 35401

**Good Samaritan Clinic**

* Phone Number: 205-343-2212
* Address: 3880 Watermelon Road, Northport, AL 35473

**Hanger Clinic**

* Phone Number: 205-366-0400
* Address: 922 13th Street East, Suite 1, Tuscaloosa, AL35404

**Health Care and Urgent Care**

**James O. Ellis Health Center**

* Phone Number: 205-752-1087
* Address: 3532 Greensboro Avenue, Tuscaloosa, AL 35401

**Med-South, Inc.**

* Phone Number: 205-339-8013
* Address: 400 McFarland Boulevard, Suite G, Northport, AL 35476

**Advantage Dental Plus**

* Phone Number: 205-267-5985
* Address: 1911 Skyland Boulevard East, Suite A3, Tuscaloosa, AL 35405

**Sav-A-Life of Tuscaloosa**

* Phone Number: 205-759-5433
* Address: 4300 Highway 69 North, Northport, AL 35473

**Temporary Emergency Services**

* Phone Number: 205-758-5535
* Address: 1705 15th Street, Tuscaloosa, AL 35401

**Tuscaloosa County Health Department**

* Phone Number: 205-562-6900
* Address: 2350 Hargrove Road East, Tuscaloosa, AL 35405

**Health Care and Urgent Care**

**Tuscaloosa SAFE Center**

* Phone Number: 205-860-7233
* Address: 1601 University Boulevard East, Suite 150, Tuscaloosa, AL 35404

**Tuscaloosa VA Medical Center**

* Phone Number: 205-554-2000
* Address: 3701 Loop Road, Tuscaloosa, AL 35404

**University Medical Center**

* Phone Number: 205-348-1770
* Address: 850 Peter Bryce Boulevard, Tuscaloosa, AL 35401

**Urgent Care for Children**

* Phone Number: 205-614-5628
* Address: 4700 Rice Mine Road Northeast, Tuscaloosa, AL 35406

**West Alabama Women’s Center**

* Phone Number: 205-556-2026
* Address: 535 Jack Warner Parkway, Suite I, Tuscaloosa, AL 35404

**Health Care and Urgent Care**

**Whatley Health Services**

* Phone Number: 205-758-6647
* Address: 2731 Martin Luther King Jr. Boulevard, Apartment C, Tuscaloosa, AL 35401

**Yellowhammer Fund**

* Phone Number: 833-935-5699
* Address: AbortionFunds.org/yellowhammer-fund

**Household Resources and Food Assistance**

**Alabama SPCA**

* Phone Number: 205-440-3647
* Address: P.O. Box 78, Northport, AL 35476

**American Red Cross Project**

* Phone Number: 205-758-3608
* Address: 2130 Paul W. Bryant Drive, Suite B, Tuscaloosa, AL 35401

**Catholic Social Services**

* Phone Number: 205-759-1268
* Address: 608 James I Harrison Jr. Parkway, Tuscaloosa, AL 35405

**Community Service Programs of West Alabama, Inc.**

* Phone Number: 205-752-5429
* Address: 601 Black Bears Way, Tuscaloosa, AL 35401

**Community Soup Bowl**

* Phone Number: 205-752-2421
* Address: 1711 23rd Avenue, Tuscaloosa, AL 35401

**Department of Human Resources**

* Phone Number: 205-562-6100
* Address: 3716 12th Avenue East, Tuscaloosa, AL 35405

**Household Resources and Food Assistance**

**East Tuscaloosa Soup Bowl**

* Phone Number: 205-553-7271
* Address: 4001 University Boulevard East, Tuscaloosa, AL 35405

**Grace Presbyterian Church**

* Phone Number: 205-758-1193
* Address: 113 Hargrove Road East, Tuscaloosa, AL 35401

**Table of Grace Food Pantry**

* Phone Number: 205-469-7811
* Address: 113 Hargrove Road East, Tuscaloosa, AL 35401

**Lazarus Ministry at Christ Episcopal Church**

* Phone Number: 205-758-4252
* Address: 605 Lurleen B. Wallace Boulevard North, Tuscaloosa, AL 35401

**Love, Inc.**

* Phone Number: 205-614-2849
* Address: 238 McFarland Boulevard, Northport, AL 35476

**Meals on Wheels**

* Phone Number: 205-758-4756
* Address: 601 Black Bears Way, Tuscaloosa, AL 35401

**Household Resources and Food Assistance**

**Supplemental Nutrition Assistance Program (SNAP) Alabama DHR**

* Phone Number: 205-562-6100
* Address: 3716 12th Avenue East, Tuscaloosa, AL 35405

**Temporary Emergency Services**

* Phone Number: 205-758-5535
* Address: 1705 15th Street, Tuscaloosa, AL 35401

**The Salvation Army Tuscaloosa**

* Phone Number: 205-632-3691
* Address: 2902 Greensboro Avenue, Tuscaloosa, AL 35401

**Tuscaloosa Metro Animal Shelter**

* Phone Number: 205-752-9101
* Address: 3140 Investigator Dornell Cousette Street, Tuscaloosa, AL 35401

**United Way of West Alabama**

* Phone Number: 205-345-6640
* Address: 2720 6th Street, Suite 100, Tuscaloosa, AL 35401

**West Alabama Food Bank**

* Phone Number: 205-333-5353
* Address: 401 65th Street, Tuscaloosa, AL 35045

**Household Resources and Food Assistance**

**Wings of Grace**

* Phone Number: 205-759-1039
* Address: 3101 Alabama Avenue Northeast, Tuscaloosa, AL 35404

**Housing and Shelter**

**Authentic Renovation Ministries**

* Phone Number: 205-826-4249
* Address: 4305 Northwood Lake Drive West, Northport, AL 35473

**Clara Verner Towers**

* Phone Number: 205-349-1202
* Address: 101 Old Hackberry Lane, Tuscaloosa, AL 35401

**Dent Transitional Programs**

* Phone Number: 205-246-5655
* Address: 15769 Thomas Chapel Road, Cottondale, AL 35453

**Habitat for Humanity**

* Phone Number: 205-349-4629
* Address: 2222 9th Street, Suite 201, Tuscaloosa, AL 35401

**Housing Authority Northport**

* Phone Number: 205-752-8171
* Address: 3500 West Circle, Suite 39, Northport, AL 35476

**Housing Authority Tuscaloosa**

* Phone Number: 205-758-6619
* Address: 2117 Jack Warner Parkway, Suite 2, Tuscaloosa, AL 35401

**Housing and Shelter**

**Jean Browning Maternity Home**

* Phone Number: 205-393-0676
* Address: 14580 Thompson Avery Road, Fosters, AL 35463

**Jesus Way Homeless Shelter**

* Phone Number: 205-759-9771 or 205-246-4862
* Address: 2681 24th Street, Tuscaloosa, AL 35401

**Lifeline Village Maternity Home**

* Phone Number: 205-764-5355
* Address: 29 El Dorado East, Tuscaloosa, AL 35405

**The Salvation Army Tuscaloosa**

* Phone Number: 205-632-3691
* Address: 2902 Greensboro Avenue, Tuscaloosa, AL 35401

**Turning Point**

* Phone Number: 205-758-0808
* Address: 3800 Palisades Drive, Tuscaloosa, AL 35405

**VA Medical Center – Domiciliary Care for Homeless Veterans**

* Phone Number: 205-554-2000
* Address: 3701 Loop Road, Tuscaloosa, AL 35404

**Legal Services**

**Alabama Disabilities Advocacy Program**

* Phone Number: 205-348-4928
* Address: 2008 12th Street, Tuscaloosa, AL 35401

**Domestic Violence Law Clinic**

* Phone Number: 205-348-4960
* Address: 101 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**Family Solutions**

* Phone Number: 205-342-2566
* Address: 2902 7th Street, Tuscaloosa, AL 35401

**Helping Survivors**

* Address: helpingsurvivors.org

**Legal Services Alabama**

* Phone Number: 205-758-7503
* Address: 2315 9th Street, Suite 3A, Tuscaloosa, AL 35401

**University of Alabama Law Clinic**

* Phone Number: 205-348-4960
* Address: 101 Paul W. Bryant Drive, Tuscaloosa, AL 35487

**Mental Health**

**Betty Shirley Clinic**

* Phone Number: 205-248-1265
* Address: 850 Peter Bryce Boulevard, Tuscaloosa, AL 35401

**Capstone Family Therapy Clinic**

* Phone Number: 205-348-8154
* Address: 651 5th East Avenue, Tuscaloosa, AL 35401

**DCH North Harbor Pavillion**

* Phone Number: 205-330-3000
* Address: 2700 Hospital Drive, Northport, AL 35476

**F.I.R.M. Therapy**

* Phone Number: 205-938-4638
* Address: 2804 Lurleen B. Wallace Boulevard, Suite 1, Northport, AL 35476

**Family Counseling Service**

* Phone Number: 205-752-2504
* Address: 2020 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**Hill Crest Behavioral Health Services**

* Phone Number: 205-833-9000
* Address: 6869 5th Avenue South, Birmingham, AL 35212

**Mental Health**

**Indian Rivers Mental Health Center**

* Phone Number: 205-391-3131
* Address: 2209 9th Street, Tuscaloosa, AL 35401

**Lifeline Solutions**

* Phone Number: 205-737-3720
* Address: 420 28th Avenue, Suite 200, Tuscaloosa, AL 35401

**Mary Starke Harper Geriatric Psychiatry Center**

* Phone Number: 205-366-3010
* Address: 115 Harper Court, Tuscaloosa, AL 35401

**NAMI Tuscaloosa (National Alliance on Mental Health)**

* Phone Number: 205-344-1555
* Address: P.O. Box 20527, Tuscaloosa, AL 35402-0527

**New Perspectives Counseling**

* Phone Number: 205-860-5113
* Address: 2617 7th Street, Tuscaloosa, AL 35401

**Reflection Therapy**

* Phone Number: 205-523-5752
* Address: 1107 23rd Avenue, Tuscaloosa, AL 35453

**Mental Health**

**Therapeutic Riding of Tuscaloosa (TROT)**

* Phone Number: 205-752-7691
* Address: 3200 Clements Road, Cottondale, AL 35453

**Transcend Counseling**

* Phone Number: 205-200-8237
* Address: 312 Hargrove Road East, Tuscaloosa, AL 35401

**Turning Point**

* Phone Number: 205-758-0808
* Address: 2800 Palisades Drive, Tuscaloosa, AL 35405

**Tuscaloosa Center for Cognitive Therapy**

* Phone Number: 205-310-1678
* Address: 429 Skyland Boulevard, Suite B3, Tuscaloosa, AL 35405

**University of Alabama Psychology Clinic**

* Phone Number: 205-348-5000
* Address: McMillan Building | 200 Hackberry Lane, Suite 1401, Tuscaloosa, AL 35401

**Mental Health**

**University of Alabama Women and Gender Resources Center**

* Phone Number: 205-348-5040
* Address: South Lawn Office Building | 1101 Jackson Avenue Tuscaloosa, AL 35401

**Substance Abuse**

**Alcoholics Anonymous**

* Phone Number: 866-641-9190
* Address: AA.org

**Behavioral Health Group**

* Phone Number: 205-752-5857
* Address: 1001 Mimosa Park Road, Tuscaloosa, AL 35405

**Bradford Health Services**

* Phone Number: 205-750-0227
* Address: 515 Energy Center Boulevard, Northport, AL 35473

**Bridge, Inc.**

* Phone Number: 205-344-6483
* Address: 6001 12th Avenue East, Tuscaloosa, AL 35405

**Celebrate Recovery**

* Phone Number: 205-225-7109
* Address: 6120 Watermelon Road, Northport, AL 35473

**F.I.R.M. Therapy**

* Phone Number: 205-938-4638
* Address: 2804 Lurleen B. Wallace Boulevard, Suite 1, Northport, AL 35476

**Substance Abuse**

**Indian Rivers Mental Health Center**

* Phone Number: 205-391-3131
* Address: 2209 9th Street, Tuscaloosa, AL 35401

**Narcotics Anonymous**

* Phone Number: 800-407-7195
* Address: Narcotics.com

**Phoenix House**

* Phone Number: 205-758-3867
* Address: 700 35th Avenue, Tuscaloosa, AL 35401

**Second Chances of Tuscaloosa**

* Phone Number: 205-349-1252
* Address: Tuscaloosa County Courthouse | 714 Greensboro Avenue, Tuscaloosa, AL 35401

**Substance Abuse and Mental Health Services Administration (SAMHSA)**

* Phone Number: 1-800-662-4357 (HELP)
* Address: Samhsa.gov

**Tuscaloosa Center for Cognitive Therapy**

* Phone Number: 205-310-1678
* Address: 429 Skyland Boulevard, Suite B3, Tuscaloosa, AL 35405

**Support Groups**

**Al-Anon for Families and Friends of Alcoholics**

* Phone Number: 205-345-5353
* Address: 2025 Jack Warner Parkway, Tuscaloosa, AL 35401

**Alcohols Anonymous**

* Phone Number: 866-641-9190
* Address: [AA.org](https://www.aa.org/)

**Hospice of West Alabama: Widow’s Support Group**

* Phone Number: 205-523-0101
* Address: 3851 Loop Road, Tuscaloosa, AL 35404

**Hospice of West Alabama: Bereavement Support Group**

* Phone Number: 205-523-0101
* Address: 3851 Loop Road, Tuscaloosa, AL 35404

**DCH Support Groups**

* Phone Number: 205-759-7111
* Address: DCHsystem.com

**Breaking Free Support Group**

* Phone Number: 205-348-5040
* Address: The University of Alabama Women and Gender Resource Center | 1101 Jackson Avenue, Tuscaloosa, AL 35401

**Support Groups**

**Domestic Violence Support Group**

* Phone Number: 205-758-0808
* Address: Trinity Methodist Church | 729 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**Grief Share – First United Methodist Church**

* Phone Number: 205-345-7291
* Address: 800 Greensboro Avenue, Tuscaloosa, AL 35401

**Narcotics Anonymous**

* Phone Number: 800-861-9372
* Address: Narcotics.com

**PFLAG LGBTQ+ Support Group**

* Phone Number: (202) 467-8180
* Address: pflag.org

**Sexual Assault Support Group**

* Phone Number: 205-758-0808
* Address: 3800 Palisades Drive, Tuscaloosa, AL 35405

**Support Groups**

**Surviving Spouses Support Group**

* Phone Number: 205-345- 1112
* Address: Morning Pointe | 1801 Rice Mine Road North, Tuscaloosa, AL 35406

**Survivors of Suicide**

* Phone Number: 205-247-5011
* Address: Tuscaloosa Public Library Rotary Room | 1801 Jack Warner Parkway, Tuscaloosa, AL 35401

**Tuscaloosa’s Parkinson’s Support Group**

* Phone Number: 205-246-9652
* Address: 627 Paul W. Bryant Drive, Tuscaloosa, AL 35401

**Transportation**

**Easterseals West Alabama**

* Phone Number: 205-759-1211
* Address: 1400 James I Harrison Jr. Parkway East, Tuscaloosa, AL 35405

**Focus 50+**

* Phone Number: 205-554-1919
* Address: 3801 Loop Road, Tuscaloosa, AL 35404

**Temporary Emergency Services**

* Phone Number: 205-758-5535
* Address: 1705 15th Street, Tuscaloosa, AL 35401

**Tuscaloosa Non-Emergency Transportation**

* Phone Number: 205-391-7994
* Address: 1130 University Boulevard, Suite B9, Tuscaloosa, AL 35401

**Tuscaloosa Transit Authority**

* Phone Number: 205-343-2300
* Address: 601 23rd Avenue, Tuscaloosa, AL 35401

**United Cerebral Palsy of West Alabama (UCPWA)**

* Phone Number: 205-345-3031
* Address: 1100 UCP Parkway, Northport, AL 35476

**Other**

**Tuscaloosa County Probate Office**

* Phone Number: 205-464-8204
* Address: 714 Greensboro Avenue, Suit 121, Tuscaloosa, AL 35401

**Thank you to the churches of Tuscaloosa County for their generous financial support.**